

You can find more information about all of Elizabeth Verdick's books at elizabeth verdick.com.

## SMALL WALT AND MO THE TOW ACTIVITY SHEET

Small Walt makes a new friend in the book *Small Walt and Mo the Tow*. You've probably guessed who that is: Mo the Tow Truck! Together, these two trucks make a ruckus, and they help each other with goals. You can set a goal yourself, using this reproducible activity sheet.

Remember, Walt has little chants or cheers in each of his books, so he can encourage himself to get the job done. (My name is Walt/I plow and I salt/They say I'm small/but I'll show them all.) You can cheer *yourself* on by coming up with a Power Phrase to write down on the road that goes from START to FINISH. But first, fill in the road signs using these instructions:

## **How to do the Activity Sheet:**

- 1. Write your GOAL. A goal is something you will try to do or achieve.
- 2. Set a date to start.
- 3. Ask a helper to help.
- 4. Write how you feel about your goal.
- 5. Plan the steps you need to take.
- 6. See START on that road to success? Fill it with your Power Phrase. Now, go-go-go!

## **Sample Power Phrases:**

I've set my goal, and I'm ready to roll!

I've got heart, and I'm ready to start!

I'll do my best on the road to sucess!

Yours can rhyme or not rhyme--it's up to you.